CHILD CPR

CHILDREN AGE 0-1

CHILDREN AGE 1-18



1

CHECK RESPONSIVENESS

Tap the cheek, shout, pinch the hand and rub the breastbone.



2



CALL 112 AND CHECK BREATHING

If unresponsive: call 112, put the phone on speaker and check breathing.





3

GIVE 5 RESCUE BREATHS

Blow until the chest rises.





Två tummar på bröstbenet

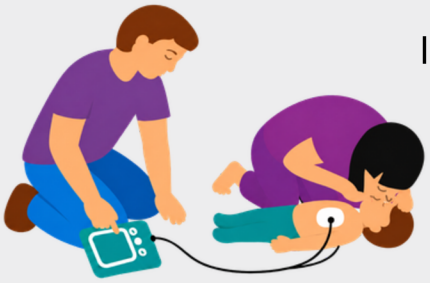
4

START CPR (15:2)

Give 15 chest compressions and 2 rescue breaths continuously until the child wakes up or ambulance personnel take over. Push firmly, at a rate of 100–120 compressions per minute.



En hand på nedre delen av bröstbenet



If an AED is available, connect it and follow the instructions



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