

# CHILD CPR

CHILDREN AGE 0-1

CHILDREN AGE 1-18

1

## CHECK RESPONSIVENESS

Tap the cheek, shout, pinch the hand and rub the breastbone.



2

## CALL 112

### AND CHECK BREATHING

If unresponsive: call 112, put the phone on speaker and check breathing.



3

## GIVE 5 RESCUE BREATHS

Blow until the chest rises.



4

## START CPR (15:2)

Give 15 chest compressions and 2 rescue breaths continuously until the child wakes up or ambulance personnel take over.

Push firmly, at a rate of 100-120 compressions per minute.

Two thumbs on the breastbone

One hand on the lower half of the breastbone

If an AED is available, connect it and follow the instructions.